

**1. PURPOSE**

- 1.1 This policy outlines Indie Education's approach to delivering high-quality, inclusive Personal, Social, Health and Economic Education (PSHE) and Relationships, Sex and Health Education (RSHE). It ensures compliance with statutory and Independent School Standards, reflects our ethos and values, and demonstrates our determination to best prepare learners for healthy, happy, and successful lives.

**2. SCOPE**

- 2.1 The policy applies to all Indie Education settings and to every member of staff involved in the planning, delivery, and evaluation of PSHE and RSHE. It serves to inform learners, parents and carers, and external partners about our approach, expectations, and the standards to which we hold ourselves accountable.

**3. POLICY STATEMENT**

- 3.1 Indie Education is dedicated to providing a learner-centred, inclusive, and ambitious PSHE and RSHE curriculum. This curriculum is structured around our three core pillars: Care, Core, and Careers. Our provision is designed to meet and exceed both statutory and Independent School Standards, embedding spiritual, moral, social, and cultural (SMSC) development, British values, and wellbeing throughout. We personalise learning to meet the needs of all learners, including those with additional needs or disrupted educational experiences, and strive to equip every learner with the knowledge, skills, and attributes required to thrive as individuals and as members of society.

**CURRICULUM COVERAGE****4. STRUCTURE**

- 4.1 Our PSHE and RSHE curriculum is delivered through a spiral, progressive model, primarily utilising the Oak National PSHE programme. The curriculum is mapped to national curriculum requirements and statutory guidance, ensuring comprehensive coverage of key areas such as relationships and healthy relationships (including consent, respect, and equality), physical and mental health and wellbeing, personal safety (including online safety, FGM, and exploitation), British values and citizenship, economic wellbeing and financial literacy, and careers education and preparation for adulthood.

**5. CURRICULUM MAPPING**

- 5.1 Our two-year plan ensures comprehensive coverage of statutory content, with each term focusing on essential themes such as:

- Protected characteristics and equality
- The law and personal rights
- Families and parenting
- Respectful friendships and being safe
- Intimate and sexual relationships, including sexual health
- Online safety and media literacy
- Mental wellbeing, physical health, and healthy lifestyles
- Community engagement, volunteering, and financial education

5.2 Experiential learning, educational visits, and case studies are embedded to bring learning to life and connect it to real-world contexts.

## **6. ORGANISATION AND DELIVERY**

6.1 PSHE and RSHE are delivered by trained staff in small groups or 1:1 settings, ensuring accessibility and sensitivity. Content is adapted to learners' developmental stages and individual learning plans. External specialists may support delivery where appropriate. The curriculum is inclusive and accessible, with adaptations for neurodiverse learners and those with additional needs.

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## **8. EQUALITY, ACCESSIBILITY, AND SAFEGUARDING**

8.1 All teaching within Indie Education respects protected characteristics and actively promotes equality. Resources and delivery methods are adapted to ensure that every learner can access the curriculum. Safeguarding is paramount; all staff adhere to Indie Education's safeguarding policy and handle any disclosures with the utmost sensitivity and professionalism.

## **9. PARENTAL ENGAGEMENT AND RIGHT TO WITHDRAW**

9.1 Parents and carers are kept informed about the content and purpose of RSHE. In accordance with statutory guidance, parents and carers have the right to withdraw their child from sex education (but not relationships or health education) up to three terms before the learner turns 16, by submitting a formal written request.

## **10. MONITORING, EVALUATION, AND REVIEW**

10.1 The policy and curriculum are reviewed annually, or sooner if statutory guidance changes. Impact is assessed through learner progress, feedback, and regular review meetings. Continuous improvement is driven by feedback from learners, parents/carers, and staff.

## **11. RELATED DOCUMENTS**

11.1 This policy should be read in conjunction with the following documents:

- Indie Education Curriculum Policy
- PSHE and RSHE Long-Term Plan
- Safeguarding Policy
- Equality Duty Policy

## **12. AUTHORISATION**

12.1 This policy is authorised by the Chief Executive Officer, Indie Education.